

CHRISTENDOM1

FAMILY WORKSHOP

JOURNAL

CRAFT | GATHER | PRACTICE | SERVE

A COMPLETE PRINTABLE WORKSHOP PACK

WELCOME TO THE WORKSHOP

Make something beautiful. Practice something faithful. Leave with one small way to serve.



HOW TO USE THIS JOURNAL

1. Choose one workshop at a time.
2. Gather supplies before inviting everyone in.
3. Give every age a real role.
4. Pray, make, talk, and clean up together.

WHAT IS INSIDE

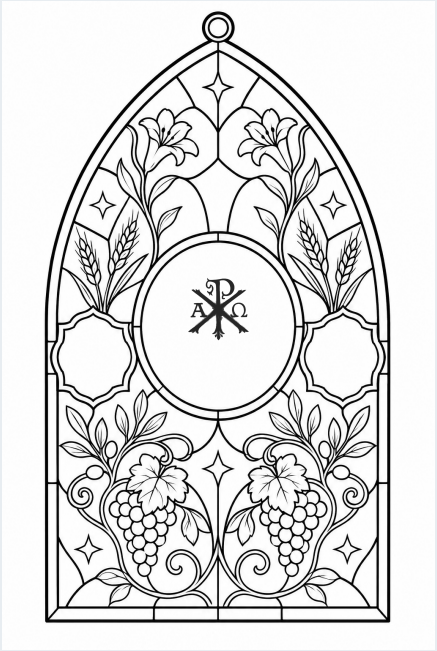
- Stained-glass sun catcher
- Armor of God family shield
- Household rule of life
- Three table-ready recipes
- Creation walk and art table
- Neighbor mercy basket

OPENING PRAYER

Lord Jesus, gather our family around Your Word. Give us ears that listen, hearts that trust, hands ready to make, and courage to live what You teach. Build our home on the foundation that cannot be moved. Amen.

COLOSSIANS 1:18 | REVELATION 22:13

Chi Rho stained-glass sun catcher



THE TEMPLATE IS ON THE NEXT PAGE

GATHER

- [ ] Printed template on paper or cardstock
- [ ] Crayons, colored pencils, or markers
- [ ] Optional: colored tissue or cellophane
- [ ] Optional: clear contact paper
- [ ] Optional: scissors and craft knife
- [ ] Optional: ribbon, tape, or glue

WHY THIS SYMBOL?

The Chi Rho joins the first two letters of the Greek word Christos (Christ). Alpha and Omega recall that Jesus is the beginning and the end.

MAKE IT TOGETHER

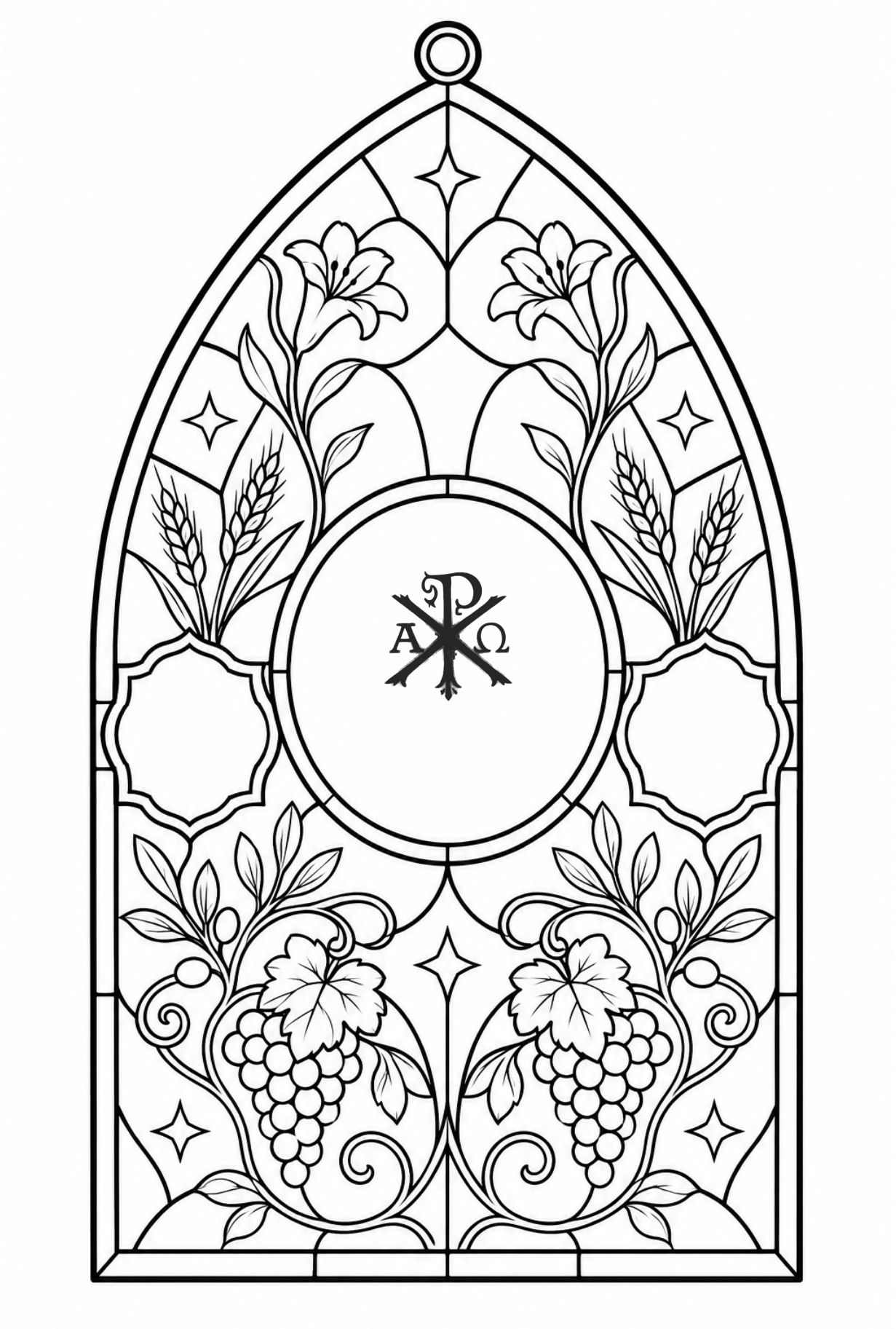
1. COLOR IT: Print the next page on paper or cardstock. Color every pane with crayons, colored pencils, or markers. The finished page can be displayed as stained-glass artwork.
2. OPTIONAL TISSUE-PAPER VERSION: Print on cardstock. An adult may cut only selected large background panes. Do not cut the flowers, grapes, central emblem, or thick structural lines.
3. Arrange torn tissue or cellophane between two sheets of clear contact paper. Trim the colored layer just inside the pointed arch, then tape or glue it behind the frame.
4. Optional: punch the hanging hole, add ribbon, and place the finished sun catcher in a bright window.

WINDOW PRAYER

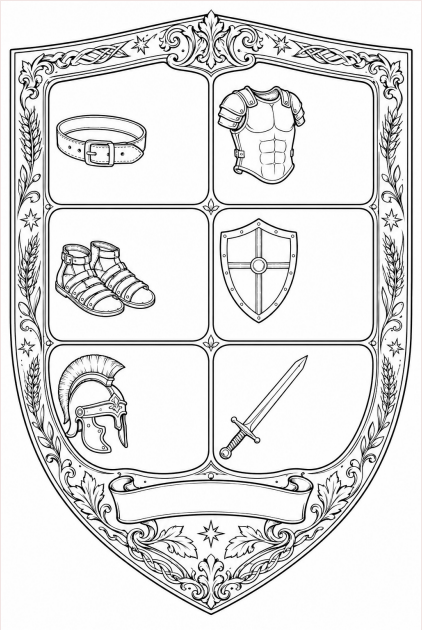
Jesus, let Your light shape what we see and how we live.

CHI RHO SUN CATCHER TEMPLATE

Color every pane. Optional: use tissue paper to turn it into a hanging sun catcher.



Armor of God family shield



THE BUILD TEMPLATE IS ON THE NEXT PAGE

LEARN WHAT EACH PIECE REPRESENTS

BELT	**Truth**
BREASTPLATE	**Righteousness**
SHOES	**Gospel of Peace**
SHIELD	**Faith**
HELMET	**Salvation**
SWORD	**Spirit / Word of God**

GATHER Coloring tools, thin cardboard, glue, scissors, fabric strip, and strong tape or stapler.

COLOR | BUILD | PRACTICE

1. Color each piece. Read Ephesians 6:10-17 aloud and say the matching meaning together.
2. Write or draw one family practice in each panel. Examples: tell the truth, make peace, trust God, remember salvation, and obey Scripture.
3. Glue the finished page to thin cardboard. Attach a fabric handle with strong tape or staples. An adult handles all cutting and stapling.

FAMILY PRAYER

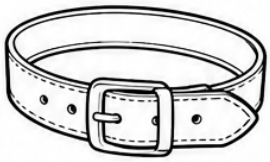
Lord, make us truthful, righteous, peaceful, faithful, secure in salvation, and ready to obey Your Word.

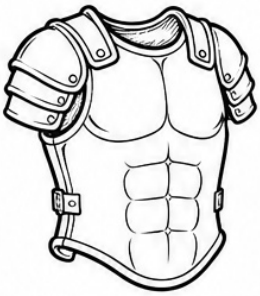
ARMOR OF GOD FAMILY SHIELD

Color each piece. Draw a family practice in the open space. Add a motto to the ribbon.

BELT OF TRUTH

TRUTH





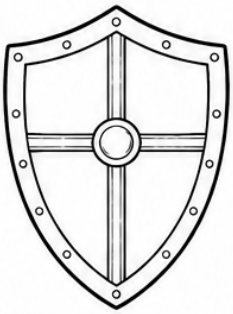
BREASTPLATE

RIGHTEOUSNESS

GOSPEL SHOES

PEACE





SHIELD OF FAITH

FAITH



HELMET

SALVATION



SWORD OF THE SPIRIT

GOD'S WORD

OUR FAMILY MOTTO

OUR HOUSEHOLD RULE OF LIFE

JOSHUA 24:15 | CHOOSE ONE SMALL, REALISTIC PRACTICE FOR EACH RHYTHM



WORSHIP

How will we return to God together?

WORK

How will we do our duties faithfully?

REST

How will we receive rest without guilt?

REPAIR

How will we confess and make things right?

HOSPITALITY

How will we make room for others?

SERVICE

How will our home carry love beyond its walls?

KITCHEN WORKSHOP | ADULT-LED | OVERNIGHT RISE

MATTHEW 6:11

Daily bread: no-knead loaf



TABLE WORD

Give us this day our daily bread.

GATHER

- [ ] 3 cups all-purpose or bread flour
- [ ] 1 1/2 teaspoons fine salt
- [ ] 1/2 teaspoon instant yeast
- [ ] 1 1/2 cups room-temperature water
- [ ] Flour or parchment for shaping

MAKE IT

1. Stir flour, salt, yeast, and water until no dry flour remains. The dough will be shaggy.
2. Cover and rise at room temperature for 12-18 hours.
3. Shape gently. Rest 30 minutes while a covered Dutch oven preheats at 450°F.
4. Bake covered 30 minutes, then uncovered 10-15 minutes until deeply golden.
5. Cool at least 30 minutes before slicing.

LITTLE HANDS CAN

Measure flour, stir the dough, dust parchment, and listen for the timer.

SAFETY

Adults manage the oven and hot cookware. Adjust for allergies and dietary needs.

AROUND THE TABLE

Where did you notice God's daily provision this week?

KITCHEN WORKSHOP | AGES 3+ | ABOUT 10 MINUTES

DEUTERONOMY 8:7-10

Milk-and-honey breakfast bowls

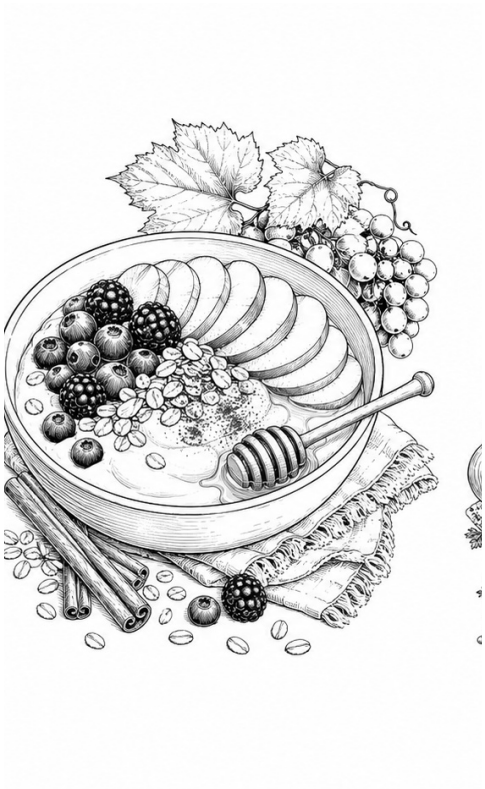


TABLE WORD

When you have eaten and are satisfied, praise the Lord.

GATHER

- [ ] Plain yogurt or dairy-free alternative
- [ ] Honey or maple syrup
- [ ] Oats or granola
- [ ] Sliced seasonal fruit
- [ ] Cinnamon
- [ ] Optional seeds or chopped nuts

MAKE IT

1. Place each ingredient in a small serving bowl.
2. Let each person build a bowl with foods they can safely eat.
3. Pause before eating. Let every person name one gift from God.
4. Drizzle lightly with honey or maple syrup and share the meal together.

LITTLE HANDS CAN

Wash fruit, spoon yogurt, arrange toppings, and name one gift from God.

SAFETY

Never serve honey to children under 12 months. Omit or replace ingredients as needed for dairy, seed, nut, or grain allergies.

AROUND THE TABLE

How can abundance become gratitude, care, and generosity rather than waste?

KITCHEN WORKSHOP | ALL AGES HELPING | ABOUT 45 MINUTES

HEBREWS 13:2

Hospitality-pot lentil soup



TABLE WORD

Do not forget to show hospitality to strangers.

GATHER

- [ ] 2 tablespoons olive oil
- [ ] 1 diced onion
- [ ] 2 sliced carrots
- [ ] 2 sliced celery stalks
- [ ] 3 minced garlic cloves
- [ ] 1 1/2 cups brown or green lentils
- [ ] 1 (14.5-ounce) can diced tomatoes
- [ ] 6 cups broth
- [ ] 1 teaspoon each cumin and thyme
- [ ] Salt, pepper, optional lemon

MAKE IT

1. Saute onion, carrots, and celery in oil for 7-8 minutes. Add garlic and spices for 1 minute.
2. Add rinsed lentils, tomatoes, and broth. Bring to a boil, then simmer.
3. Cover loosely and cook 30-35 minutes, stirring occasionally, until tender.
4. Season to taste and add lemon if desired.
5. Set aside a second portion for a neighbor before serving your table.

LITTLE HANDS CAN

Rinse lentils, count carrots, carry sealed ingredients, and decorate the note.

SAFETY

Adults chop and manage heat. Confirm allergies and dietary restrictions before sharing.

AROUND THE TABLE

Choose the recipient before you cook. What would genuinely help them?

CREATION WALK AND WONDER BOOK

PSALM 19:1 | NOTICE | WONDER | STEWARD



SKETCH ONE DETAIL YOU MIGHT USUALLY MISS

Walk slowly. Look longer than feels necessary.

I NOTICED

Describe a color, shape, texture, or living thing.

I HEARD

Record the quietest and loudest sounds.

I WONDERED

Write one question to explore later.

ONE WAY WE CAN CARE

Name one way our family can care.

THE CHRISTIAN ART TABLE

PHILIPPIANS 4:8 | LOOK SLOWLY BEFORE ANYONE EXPLAINS



PLACE A PRINT HERE OR SKETCH WHAT YOU SEE

Choose sacred art, architecture, a hymn, or a historic Christian symbol.

LOOK

What did you notice first? What appeared only after waiting?

NAME

What Scripture, doctrine, person, or event does it recall?

DISCERN

What does the artist emphasize? What remains quiet?

MAKE

Copy one line, shape, phrase, rhythm, or symbol.

LUKE 10:36-37

Neighbor mercy basket

RECIPIENT OR HOUSEHOLD

WHAT THEY SAID WOULD GENUINELY HELP



PREPARE TOGETHER

Choose useful items. Confirm allergies and timing. Give each person a real task. Include a simple note and protect the recipient's privacy.

AFTERWARD

Ask privately: Was it useful? Is there one appropriate way we can continue to show up? Never share someone else's story without permission.



OUR FAMILY WORKSHOP RECORD

Keep the memories, not just the finished projects.

OUR FAMILY

WORKSHOPS WE COMPLETED

- ☐ Sun catcher
- ☐ Armor shield
- ☐ Rule of life
- ☐ Bread
- ☐ Breakfast bowls
- ☐ Soup
- ☐ Creation walk
- ☐ Art table
- ☐ Mercy basket

A FAVORITE MEMORY

WHAT WE WANT TO PRACTICE NEXT



A BLESSING FOR THE HOME

Lord Jesus Christ, dwell at the center of this home. Bless the work of our hands, the words at our table, the rest we receive, the wrongs we repair, the guests we welcome, and the neighbors we serve. Make our household a small school of truth, mercy, courage, beauty, and peace. Keep us faithful in ordinary things, joyful in Your gifts, and ready to love. Amen.

SIGNED BY OUR HOUSEHOLD

As for me and my house, we will serve the Lord. - Joshua 24:15



MAKE FAITH VISIBLE

IN THE LIFE YOU SHARE

Return to these pages whenever your family needs
a place to make, talk, pray, and practice together.

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